



Half term is here, and although there will still be revision for many we hope you will be able to take a break and enjoy some family activities together. Watch out for National Family Week activities if you're looking for inspiration!



Expert guidance on education for girls

What's new on MyDaughter?

One of the most important messages we can pass onto our children is to 'enjoy a good book', but as girls get older and have greater demands on their time, curling up with a book can become a rarity. Check out our latest ideas to keep them inspired and interested in [Encouraging your teen to read...](#)



We've also been thinking about how reading and technology are becoming intertwined with the increasing prevalence of e-readers. We asked a panel of Heads and staff for their views – passing fad or here to stay? See what they said in [E-books – is it the end of the road for paperbacks?](#)



Every parent feels worried or anxious about their children at some point! Whether it's a young daughter with confidence issues - [How can I raise my 10 year old daughter's self-esteem?](#) - or a teenager who isn't always where she says she will be - [Am I worrying too much about my daughter's safety?](#) - the MyDaughter experts are on hand to help.

Also visit the MyDaughter blog and take a moment to consider [Are you a 'serenity parent' or a 'tiger mother'?](#) or perhaps somewhere in between!

Win a family break with cottages4you and National Family Week ...

National Family Week (30 May - 5 June) is the UK's largest celebration of family life with over 6,000 events and activities set to take place throughout the week. To celebrate, the organisers have teamed up with Cottages4you to offer MyDaughter.co.uk visitors the exclusive opportunity to win a family holiday break to the value of £250!

[Click here](#) or visit [MyDaughter.co.uk](#) for your chance to win this exclusive prize & for terms & conditions



School community trading online is booming and [www.schoolstrader.com](#) is the place to start. Schoolstrader has a vibrant independent section covering most independent schools across the UK. Parents, staff and alumni can trade with each other free of charge - everything from musical instruments and houses to ski gear and holiday homes.